### **CURRICULUM VITAE**

#### **Education & Training**

Columbia Pacific University

School of Health & Human Services

John F. Kennedy University

Graduate School of Professional Psychology

John F. Kennedy University

Graduate School of Consciousness Studies

Michigan State University

College of Social Sciences

Haifa University Department of Sociology, Israel

Ph.D., Psychology. Passed 'With Distinction

San Rafael, CA; 1989

M.A., Clinical Psychology

Orinda, CA; 1981

M.A., Transpersonal Counseling Psychology

Orinda, CA 1981

B.S., Psychology, Magna Cum Laude

East Lansing, MI; 1977

Guest Student Spring 1973

## **Credentials & Licenses**

College of Alberta Psychologists (current)

North West Territories, Canada (2000-2011)

Three Rivers Training Center, EMDR International Asc. -

American Board of Psychological Specialties

American Psychotherapy Association

Canadian Registry of Marriage & Family

Therapists, Dec. 1998-2018

Board of Behavioral Science Examiners

Sacramento, CA; June 10, 1983-present

Institute for Advance the Advanced Study

Human Sexuality, SF, CA

**Honors and Awards** 

Medical Hypnosis Seminars

Los Gatos, CA, August, 1988

<u>University of Nebraska,</u> February, 1987

Psychologist Registration # 3212, Alberta CANADA

Psychologist License # 2250-3854 NWT, CANADA

EMDR Therapy Basic Training and Certification (EMDRIA 2022)

DABPS -- Diplomate in Clinical Psychology, # 17583 (1999)

DAPA – Diplomate in Psychotherapy, # 001094 (1998)

Registered Marriage and Family Therapist

Canadian Registry # 69225

- Marriage, Family and Child Counselor,

California State License # 18470

- California State Certification in Sexology Aug, 2005

California Board Certified Clinical Hypnotherapist

Sacramento, CA, October 20, 1988

- Certified Building Family Strengths Facilitator

- Marquis Who's Who in America, 2020

Marquis Albert Nelson Marquis Lifetime Achievement Award, 2019

 2009 'Hall of Fame' American Biographic Institute for "Humanitarian Contributions in Cross-Cultural Psychology" Aug, 2009

- "2002 Best Self-Help Book" Coalition of Visionary Resources

- Who's Who in Medicine & Health Care, Nominee, 1st Edition '97-98

- International Women of the Year, 1997, (American Biographic Inst.)

- Cambridge World's Who's Who of Women, 12th Edition, 1993-94

American Women of Today, 1991

Who's Who in the West, 1989

- Who's Who in California, 1983

- Phi Beta Kappa, 1977; Mortar Board, 1976; Honors College, 1975

## **Professional Associations**

## & Affiliations

Canadian Psychology Association (CPA); and Psych Asc of Alberta (PAA)

International Council of Psychologists (ICP); 1999-Present

California Association of Marriage & Family Therapy (CAMFT)

- Canadian Counselling and Psychotherapy Association. 2004-Present

- Parapsychology Association 2018-Present

Association of Certified Sexological Bodyworkers- Legal Committee - 2020

Northern California Society of Clinical Hypnosis (affiliate of the

American Society of Clinical Hypnosis) (NCSCH)

Association of Transpersonal Psychology (ATP) 1978-2004

- American Society for Psychical Research (ASPR) 1973-2003

### **Volunteer Positions**

- Canadian Chair, Trauma Outreach and Prevention ATOP (2008-2010)
- Board of Directors—International Council of Psychologists (ICP); 2006-09;
   Chair of Continuing Education Committee (2005-2007); Area Chair
- Board of Directors—Spiritual Emergence Service Society, 2001-2008

- Women in Spirituality/Multi-faith Women for Peace, Board (2001-05)
- Advisory Board Association of Trauma Outreach and Prevention ATOP
- IWF—International Women's Forum, Canada—Special Events Committee
- Advisory Board Dept. of Health Sciences—SAIT TCM, 1997-1999
- Board of Directors—For Love of Children Society, also played Mrs. Claus for annual Santa Claus Express 1996-2001
- Foster Parent—Foster Parents Plan / Plan International, 1988-1994
- Religious Volunteer—Pleasanton Prison, Pleasanton CA, 1986-88

#### **WORK EXPERIENCE IN PSYCHOLOGY**

(References Available Upon Request)

#### PRIVATE PRACTICE- PSYCHOTHERAPY

PSYCHOLOGIST / CLINICAL CONSULTANT MARRIAGE, FAMILY CHILD COUNSELLING

- Psychologist with Finkleman Communications, LTD, June 1995- Present
- Psychologist Alberta Registration # 3212; NWT # 2250 (2001-present)
- Marriage, Family & Child Therapy, CA MFCC License # MFC18470;
- California State Certification in Sexology Aug, 2005
  Relationship counseling for individuals, couples, families, and groups;
  (includes sexological and intimacy coaching for couples) 1983-present;
  Canadian Registered Marriage and Family Therapist #69225
- California State Registered Supervisor of MFCC interns & trainees in private practice plus agency settings including children & teens in day care, elementary, and high school settings
- Provided individual & group clinical consultation. Professional trainings for mental health professionals in academic, agency and private settings

## **UNIVERSITY FACULTY APPOINTMENTS**

# SOFIA UNIVERSITY / INSTITUTE OF TRANSPERSONAL PSYCHOLOGY

thesis\_Global Faculty ITP 2002-2012 / SOFIA 2012-14 - Adjunct Research Faculty 2008-2015 - Palo Alto, California -

- Psychology Faculty/Global Program, Adjunct Research Faculty,
   ITP FACULTY MENTOR Discuss, advise and review MA course work &
  - ITP FACULTY MENTOR Doctoral Candidates, discuss, advise and review
- WASC Accredited MA & Ph.D. at-distance and residential programs
- Sophia University Global Program, Adjunct Research Faculty, Western Association of Schools and Colleges (WASC) Accredited MA & PhD at-distance education, 2012-2014 doctoral research; dissertation; oral exam committee member

### TARUMANAGARU UNIVERSITY

Guest Instructor, Department of Psychology, Guest Lecturer/ April, 2001, 2005, Visiting Professor Winter, 2006, Spring, 2008

- Family Therapy, Spring, 2008
- Counselling and Psychotherapy: A Global Perspective, Spring, 2008
- <u>Transpersonal Group Dynamics</u>, Winter, 2006
- Transpersonal Psychotherapy for Sexual Problems, Winter, 2006
- Brief Therapy (Faculty Round Table Training); Winter, 2006
- Palmistry: A Transpersonal Psychodiagnostic, Winter, 2006
- Transpersonal and Clinical Approaches to Recovery from Disaster Trauma April, 2005
- Trauma Recovery and the Journey from Betrayal to Trust, April 2001;
- Transpersonal Psychology; April, 2001
- Symbolic Process and Ancient Egyptian Wisdom (Lecture) April 2001
- Research on Spiritual Healing and Psychology, April 2001

#### **ANTIOCH UNIVERSITY**

San Francisco, CA 1984-1989 Department of Clinical Psychology,

- Academic Advisor to graduate & undergraduate psychology students plus academic teaching load (see below)
- Served on various committees, including but not limited to: Clinical Task Force, Board of Behavioral Science Examiner meetings, Chair of Clinical Internships Advisory Board,

Core Faculty Appointment

Clinical Internship Coordinator, 1984-1986

Adjunct Faculty Appointment

Graduate and Undergraduate Classes

1986-1989

admissions interviews, staff and faculty meetings.

- Independent Study Instructor--Variable

Cross Cultural Psychology (Course #: Psy 505 A)

Group Dynamics (Course #: Psy 655)
 Clinical Practice I (Course #: Psy 660 A)

- Clinical Practicum--Internship (Course #: Psy 610 A/B/C)

- The Uses of Intuition (Course #: Psy 355)

#### **JOHN F. KENNEDY UNIVERSITY**

Orinda, CA

Dept. of Transpersonal Counseling Psychology

Field Placement Advisor 1978-1980

Core Faculty Appointment

Field Placement Coordinator; 1980, 1981

Adjunct Faculty and Guest Speaker

Graduate and Undergraduate Classes

Dept. of Transpersonal Counseling Psychology

Department of Parapsychology (Lecturer, Instructor)

1981-2000

Field Placement Director (TRPC 5751/5752/5753/5754)

- Independent Study Instructor (TRPC 5995)

Parapsychology Group Process (Par 5002)

- Science of Parapsychology (Par 4110)

Psychic & Spiritual Openings (Spectrum Series)

- <u>Psychology of Psychic Phenomena</u> (Spectrum Series)

Systems of Transpersonal Counseling (TRPC 5171)

Intern Training: Psi Disturbances (TRPC 5753)

Transpersonal Psychology (Psy 4410)

Spiritual Traditions: Kabbalah (TRPC 5125-B)

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## **Administrative & Supervisory Duties**

Clinical Internship Coordinator

Antioch University

Department of Psychology San Francisco, CA; 1984-1986

Supervisor: Dr. Noele Krenkel, Graduate Chair

Supervised Clinical Practicum of M.A. Clinical Psychology students

 Counseled students re: academic needs and skill level, provided placement referrals

- Organized, implemented, managed student files

- Phone interviews with agencies, students & supervisors

- Interviewed & evaluated prospective agencies & supervisors

- Longitudinal study of projected needs & preparation of budgetary report

Wrote Contracts & Evaluation Forms

- Established Field Placement Office & duties of the position

Wrote "Field Placement Manual" (JFK, 1980)
 "Clinical Internship Manual" (Antioch,1985)

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### Field Placement Coordinator/Advisor

John F. Kennedy University

School of Consciousness Studies

Dept. of Transpersonal Counseling Psychology

Orinda, CA; 1978-1981

Supervisor: Dr. David 'Hatha' Surrenda

Publications (partial listing)

Journal of Parapsychology, Authors:

Auerbach, L.; Hedva, B..; Solfvin, G., Williams, B. (2023)

Mindfield 14.1

Auerbach, L; Hedva, B; Solfvin, GF, & Williams, BJ, (2022) https://www.parapsych.org/section/16/mindfield\_bulletin.aspx

FindCenter (2021)

World Continuing Education Alliance, Hertfordshire, UK 10 Course Certification Program, Cross Listed with The Canadian Institute for Transpersonal and Integrative Sciences (CITIS); Up-dated 2017

Canadian Institute for Transpersonal and Integrative Sciences (CITIS) 10 – course curriculum (2015-16) Calgary, Canada 2015; Listed on-Line via Course Sites A Virtually-Facilitated Investigation of Anomalous Household

Disturbances Reported During the COVID-19 Pandemic, Vol. 87, No1,

Investigating and Resolving "Poltergeist" Disturbances in the Midst of a Pandemic: A Case Study From the COVID-19 Quarantine, the Parapsychology Association, Vol 14.2 Fall,

An Introduction to Betrayal by Beth Hedva, Ph.D.. <a href="https://www.findcenter.com/article/63819/an-introduction-to-betrayal">https://www.findcenter.com/article/63819/an-introduction-to-betrayal</a>

Embodied Awareness: Spiritually Directed Therapy for Recovery from Trauma. On Line Certification Curriculum. 2017.WCEA.

CAMFT Continuing Education accreditation in California for LCSWs, LMFTs, LEPs, and CCCs; Canadian accreditation with CCPA; offered through the Institute for Transpersonal and Integrative Sciences

- Embodied Awareness: Spiritually Directed Therapy

-Course # 1: What is Embodied Awareness (3 credits)

-Course #2: Ego Death and the Human Stress Response (3 credits)

Platform; Cross-Listed for Continuing Education Units: Accredited with the Canadian Counselling and Psychotherapy Association CCAP)

- Finkleman Communications Ltd. Publishing, Canada Finkleman Communications, LTD, Canada Centre Evangelisation, Spiritualite & Sante Mentale (CESSA)
- ABC-Clio / Praeger-Greenwood World Publishing

Finkleman Communications Finkleman Communications Finkleman Communications

Marriage Experts Series,
Sharp Dart Productions
Asia Pacific Association of Psychotherapists
Proceedings, Jakarta, 2008

Finkleman Communications ltd. Calgary, AB International Psychologist

Chatelaine Magazine Meaningful World

Wired Magazine

Canadian Living Magazine

Institute of Transpersonal Psychology

Alberta Association of Marriage & Family Therapy

Finkleman Communications Ltd Yogic Living international Magazine Maclean's Magazine (Canada's leading weekly News Magazine)

- Course # 3: Your Transcendent Heart-Brain and Energy Body (3 credits)
- Course # 4: Inner Resources and Self Renewal ( 3 Credits)
- Course #5: Know Your Triggers (4 credits)
- -Course # 6 Recognize Spiritual By-Pass and Come to Know Your Shadow (3 credits)
- -Course #7:: 13 Guardians: Dwellers on the Threshold of Awakening (3 credits)
- -Course # 8: The 12 Senses of Embodied Awareness (5 Credits)
- -Course # 9: T-R-U-S-T Meditation for Embodied Awareness:
- -Course # 10: Self-Ecology and Self-Care (3 Creits)
- Radical Self-Care, Training Manual Fall 2012.
- Embodied Awareness, Training Manual, Fall 2011.
- <u>Traumatisme Collectif en Haiiti et Endurance Morale du Peuple Haitien,</u> pages 30-38, 1 Universtite Notre Damne D' Hait, June 2011.
- Mass Trauma and Emotional Healing Around the World [Two Volumes]: Rituals and Practices for Resilience; Chapter Title: Cross Cultural Counselling Issues: Transpersonal and Clinical Counselling Training for Recovery Workers and Psychologists in Post-Tsunami Indonesia, 2009
- Emotional Healing and Community Renewal (pre-publication ed, Oct 2008)
- Courage to Trust Your Intuition; DVD program, Fall, 2008
- Journey from Betrayal to Trust CD with Forgiveness Mediation, Fall, 2008
- <u>Marriage Rescue</u> Chapter 3, "Dealing with Infidelity" by Dr. Beth Hedva, e-book and CD audio program. Sept. 2008
- Emotional Healing and Self Renewal: Addressing Psychic and Spiritual Disturbances Using Transpersonal, Clinical and Counseling Techniques, April, 2008
- Proceedings of the 5th Congress of the Asia Pacific Association of Psychotherapists: Listening to the Heart of the East: Plenary Presentation: Emotional Healing and Self Renewal: Addressing Psychic and Spiritual Disturbances using Transpersonal, Clinical and Counselling Techniques
- Emotional Healing and Community Renewal for Aboriginal and Non-Aboriginal Elders, Professionals, Youth and Families (2008)
- A Spectrum of Approaches to Resolving Conflict, Volume 47, No 4, by Beth Hedva, Ph.D. RMFT, DABPS
- Emotional Infidelity, interview with Liz Welch, April 2007
- First Ever Body Mind Spirit Symposium at United Nations Winter Issue,
   Volume 2 of Meaningful World, March 2007
- What Happens on the Internet? interview with Clive Thompson, Jan. 2007
- Dating Abuse How Well Do You Know Your Daughters Boyfriend?
   Susan McClelland, Mar 2007
- A YEAR AFTER THE TSUNAMI: TRAUMA RECOVERY TRAININGS IN INDONESIA, Beth Hedva, Ph.D., RMFT, DABPS, Elisabeth Arman, Psi., Psychology Faculty, Catholic University of Atma Jaya, Jakarta, Indonesia; Harold Finkleman, ICIM, Calgary, AB, Canada, April, 2006
- Dealing with Disaster trauma in Post-Tsunami Indonesia: Implications for Healing from Hurricane Katrina, Finkleman, Harold; Hedva, Beth, Ph.D., Volume 15, Issue 4. December 2005. pages 3-4
- Intuitive Sciences Series: Hands-On Tarot 2005
- Twelve Senses of the Ancients, by Dr. Beth Hedva, Sept/Oct 2005; pg 24.
- Sinners in Cyberspace, interview with Mary Dwyer, October 24, 2005
- Sad Little Girls: Child-Sex Trade Thriving in Cambodia: Interview Susan McClellen, Nov, 24, 2003
- A World of Difference: Canadian Couples finding Original Ways to Celebrate their Day. Amy Cameron, July 31, 2000
- The Bedroom and the New Era of Swing, Susan McClelland July 26, 1999
- Anatomy of an Affair, interview with Line Abrahamian, December, 2005

Veja! (*Brazil's leading weekly News Magazine*) Finkleman Communications, Ltd. Calgary, AB

Center for Research and Information on Canada Unity Magazine, May / June 2003

Hugo's Press

Ten Speed Press/Celestial Arts

Celestial Arts

Psymposium, Psychologists Association of Alberta Info-Art Magazine

Science of Mind Publishing

Warner Books

- "Ask the Expert" On-Line Q&A with Dr. Beth Hedva, Jan 2004

- Women and Infidelity, Daniela Pinheiro #1875. Oct 13, 2004

 Address Racism between Aboriginal and Nonaboriginal Communities in Canada: Training manual for the International Council of Psychologists 2003)

- "Unlearning Racism" Opinion Canada, Vol. 5, No. 29 - August 28, 2003

From Retribution to Reconciliation: Restoring the Humanity of Perpetrators of Evil, by Beth Hedva. Page 28-30

- Share Your Mission, Chapter 8; book edited by Winn Henderson MD, 2002

<u>Betrayal, Trust and Forgiveness: A Guide to Emotional Healing and Self-Renewal</u>, published October 2002 (Coalition of Visionary Resources "Best Self Help' Award *Winner*)

- <u>Journey from Betrayal to Trust: A Universal Rite of Passage</u>, Fall 1992

- <u>Transpersonal Psychology and Contemporary Psychotherapy</u>, May 1998

- Can You Find True Love in Life? August, 1995

Forgiveness by B. Hedva PhD., Science of Mind, Vol. 68 No.1 Jan 1995

written by Loyd Auerbach: Interviews with Beth Hedva, PhD,
 ESP, Hauntings and Poltergeist 1989; Psychic Dreaming 1991 (pages 245-260); Reincarnation, Channeling and Possession 1993

Healing 1 Year after the Fort McMurray Wild Fire Disaster

Helping our Families Heal from Intergenerational Trauma,

Addressing Suicide in our Communities. Kanaskis, AB, Oct.

Front Line Workers: Creating Healthy Boundaries, March

to the aftermath of the 7.0 earthquake of Jan, 12, 2010

-Emotional Healing and Renewal for Youth, Families and

Community, Co-facilitated with Mohawk (Turtle Clan) elder, Grandmother Sara Smith, and Potowatomi born Ceremonialist

Training 275 local Haitian volunteer recovery workers to respond

Fort McMurray First Nations reserve. May, 2017,

April 2015, Canmore Alberta,

2014. Canmore Alberta

Kim Haxton, Oct, 2008

# <u>Cross-Cultural / Multi-Cultural and</u> <u>Work with Aboriginal / Indigenous Communities</u>

Fort McMurray 1<sup>St</sup> Nations Healing Circle & Training -

Fort McMurray 1<sup>st</sup> nations Retreat

Fort McMurray 1<sup>St</sup> Nations Youth Retreat

Treaty 6 and 8 First Nations, Alberta, Canada

HCH Haiti Community Hopital Mar – Apr 6 2010 Sponsors: Daughters of Wisdom, Petion Ville, Haiti Roots 4 Peace 6

Nations Mohawk Reserve, Brantford, ON

UNITED NATIONS, UNICEF, CANADA

**UNITED NATIONS Mission of Burkina Faso** 

Panel: Human Rights Violations and Recovery: Body, Mind and Spirit Symposium

Mariatu Kamara, February, 2008

A Bio-Psychosocial and Spiritual Model—A case study in post-

Sierra Leone, West Africa Mission with Child Ambassador

tsunami Banda Aceh, United Nations, NYC, NY, Feb 15, 2007

Women In Spirituality

Multi-faith Awareness/Women & Religion Panel, Mar 2004

Presenter: A Multi-Faith Calgary Community Event to honor the

Feminine Spirit's contributions to world peace, May 2007-2012

Community Neighborhood Services, East Side Multicultural Center, Calgary

- Facilitated small group discussion, and sat on panel, Jan 2004

Cultural Diversity Institute, Calgary

Rediscovery

- ROAR Youth Group facilitation and panelist, Dec. 2003 (ROAR: Reaching Out Against Racism)

- Invited as 'Elder' in support of International Youth Leadership

Ghost River Rediscovery's International International Youth Leadership Program Sept. 2003; January 2005

Northwest Territories, Deh Cho Community Deh Cho Band Office, Brighter Futures; Friendship Center, Victim Services --present Youth Leadership Internship Program Tsu Ts'ina Reserve (Sarcee) September 1996-June 1998

Tapestry of Women

Tsu Ts'ina Reserve (Sarcee) Winter 1999

Council for Canadian Unity Fall 2000, Fall 2002

Dave Taylor Show, QR77

youth leadership development. Elders are involved throughout This program, based on Aboriginal culture and traditions, to guide aboriginal youth in learning about Indigenous cultures and traditions in Canada and internationally.

- Community Health and Education Programs and counselling sponsored and co-sponsored by various local organizations
- Co-facilitated Women's Healing Circle with Cheryl Goodwill-Makokis at the Adult Learning Center
- The Heart of Healing: Women's Leadership Training, Nov 2005
   Community building for the women of Cochrane and Stoney Reserve
- Taught workshop "5 Gates of Power: Responding to our own and others anger" the Adult Learning Center
- Co-facilitated workshop with Cheryl Makokis entitled: <u>Addressing Racism</u> for a group of Aboriginal and Non-aboriginal women for Crossroads 2000 March 2001; Oct 2002 Edmonton
- Radio Interview with co-guest Carole Crow—'Unlearning Racism' interview, discussion and open phone-line

#### Participation in Canadian 1<sup>ST</sup> Nations Ceremony

- Sundance Ceremony, Blood Reserve "Supporter" of Dancers (2015)
- **Full Moon Lunar Eclipse Ceremony,** with Edmond Faubert, Belize, Central America, Feb. 2007
- Yopo Ceremony, With Edmond Faubert, December 2005
- Sweatlodge Ceremony Nishinabi elders Daryl and Linda Brass
- Pipe Ceremony Metis Center in Calgary, Leonard Bastien)
- Face painting ceremony with Leonard Bastien
- **Bundle opening ceremony** with Adlof and Beverly Hungrywolf; Blood Reserve
- Nishinabi Moon Ceremony, with Linda Brass, Calgary
- Pow-wows: Siksika & Tsu Ts'ina Reserves; Roper-Hull Homes

# PARTIAL LISTING OF LECTURES, WORKSHOPS & SEMINARS

## Institutions, Agencies, Mental Health Programs

Aquarian Minyan, Berkeley California, Berkely, CA

(Complete listing and references available upon request)
Healing loss, trauma and grief in the struggle for
intergenerational Recovery. Live Stream Webinar July 27,2023

Transcultural Psychosocial Organization, Cambodia Angkor Institute of Consciousness

Integration and Application of 5-Step Protocol for Recovery by

 by zoom video conference February Feb. 21, 2023 (Phenom Penh – Calgary, AB – France)

Transcultural Psychosocial Organization, Cambodia

 5-Step Recovery Protocol for Recovery post-genocide Intergenerational Trauma Dec 28, 2023, Phenom Penh Recovery from Survivor's Guilt Dec, 29, 2023 Phenom Penh

Burnout Prevention - Dec 29, 2023, Phenom Penh

Angkor Institute of Consciousness, Bangkok, Thailand

Trauma Recovery Training from Care-givers delivered by zoom With Dr. Julie Svay. Nov 18, 2022

Maitrea, Czech Republic On-line Workshop

Betrayal, Trust and Forgiveness: The Journey from Betrayal to Trust, On-line Educational Fundraiser: Ukraine Crisis, Jun, 2022

Vancouver School of Theology, Vancouver, BC	-	12 Senses of Embodied Awareness and Mystical experiences, February, 2022
Hillhurst United Church, Calgary, Canada	-	Developing Trust, May 27, 2019; Forgiveness, 2020;
		Positive Change 2021
YogaNova Studio	-	Learn the Tarot, Jan 2021
	-	2021 By The Numbers and the Star, Dec, 2020
	-	Coping with Covid 19 Pandemic Mar, 2020
Christina Smith Socials, Calgary/Mount Royal, Canada	-	Visioning 2019; Community Program in Hosted by Nancy Eliot in Heritage House built by Max Bell. January, 2019
Unity Church, Vancouver, Canada	-	13 Guardians on the Threshold of Awakening: Archetypes of Growth beyond the Shadow. Lecture and Workshop, Sept, 2018
Hillhurst United Church, Calgary, Canada	-	<b>12 Senses</b> Lecture and Community Building Program. May, 2 2018
Private Program, Calgary, Canada	_	Spiritually Directed Therapy: Protocol for Recovery, May 2015
Private Program, Calgary, Canada	_	Inner Leadership Development, February , 2015
"the Melisa's" Calgary, AB	_	Empowerment of Women Day program, January, 2015,
"Women-Talk", Calgary, AB	_	The Call to Service: From Personal to World Healing. November
Women Talk, Jaigary, AD		2014, Calgary, AB
Year Long Private Train the Trainers Program	_	Embodied Awareness, 2011-2012; 2012-2013,
Calgary, A B		Embouled / (wateriess, 2011 2012, 2012 2010,
East West Book, Seattle Washington,	_	In Observance of National Domestic Violence Awareness Month
Co-sponsored by the Seattle Crisis Clinic		Trauma and Tragedy as Call to Healing Ourselves and Our
Oo-sponsored by the deathe offsis offfice		Communities. (public program) Oct, 17, 2013
		Communicis. (public program) Cot, 17, 2010
YWCA, Spokane, Washington	_	"Working with Domestic Violence, Burn-Out Prevention and Self-
The state of the s		Ecology': Staff Training for the Spokane Domestic Violence Unit
		October, 25 <sup>th</sup> , 2013.
		, ,
Pearl Theater, Bonners Ferry Idaho	-	Healing from Domestic Violence (public program),
Sponsored by the Boundary County Youth		October 26, 2013
Crisis and Domestic Violence Hotline		·
Self-Connection Books, Calgary, AB	-	Post-Flood Stress: Community Program for healing from the
		June 20th, 2013 Southern Alberta Flood Disaster. Aug-Sept 2013
Embodied Awareness Facilitator Certification	-	2012-13-year long training program, Country Inn Suites, ;
100 Units of Continuing Education, CCAP		2011-2012-year long program, Varsity Natural Health Care
Haifa, Israel, ISTA Training: Sacred Sexuality	-	Sacred Sexuality Training for Trainers, Haifa, Israel, Nov. 2012
ISTA Sexuality and Consciousness Conference		Plenary / Panelist "Dawn of a New Era; Workshop Leader
		Journey from Betrayal to Trust; Sedona, AZ May, 2012
IAFOR (International Academic Forum) Japan	-	Plenary Presenter on Trust: The 12 Senses of Embodied
		Awareness, Osaka, Japan, March-April 2012
Canadian Institute for Transpersonal and		Embodied Awareness Group Facilitator Certification, Fall 2011-
Integrative Sciences, co-sponsored with		2012 100 CEU program (transcripts available through the
Varsity Natural Health Center, Calgary, AB		Counselling Canadian and Psychotherapy Association).
Michigan Waman in Davishalasiy		Long Detroyal and Departs linking Trust Professional Trust
Michigan Women in Psychology	-	Loss, Betrayal and Reestablishing Trust Professional Training,
		Detroit Area, Nov 2009
Okanogan Valley Helistic Society	_	Emotional Healing and Panawal for Vauth Families and
Okanogan Valley Holistic Society	-	Emotional Healing and Renewal for Youth, Families and

Community, March 2009, Continuing Education Credits awarded to professionals by the Canadian Counselling Association

First online international World Massage Conference,	-	Spirituality and the Body; November, 2008
Asia Pacific Association of Psychotherapists	-	Emotional Healing and Self Renewal, Plenary lecture, April, 2007
University of Indonesia, Faculty of Medicine	-	Transpersonal Psychology Workshop, April, 2007
University of Calgary, School of Social Work Haskyane School of Business, Dr. David Lertzman Alberta Association of Marriage and Family Therapists		<u>Transpersonal Approaches to Grief and Loss</u> , Guest Lecture, Oct, 2007 <u>Executive Leadership Training, Trusting our Intuition</u> , July 2007 <u>Recovery from Mass Disaster in Aceh</u> ; Jan 2007
Spiritual Emergence Foundation	-	Spiritually Directed Therapy Protocol and Training Program, Dec, 2006
Spirituality and Health Care University of British Columbia Medical School University of Toronto Medical School: University of Calgary Medical School:	-	Spiritually Directed Treatment and Protocol for Recovery from Trauma, Nov 2006; Principles of Spiritual Healing Nov, 2003 Trauma Recovery: Using Spirituality & Energy Medicine Techniques, May, 2001
SEFA, BANDA ACEH Indonesia	-	Supporting Recovery from Trauma for survivors of tsunami trauma Indonesia, January, 2006
Women's Leadership Forum	-	Panel, <u>Phases of Life</u> , November 2005
Healing Touch International Conference	-	Tapestry of Healing Voices – Keynote Healing Touch, April 2005
International Council of Psychologists Toronto, Canada	-	Addressing Racism between Aboriginal and Non-aboriginal Youth, Peace, International Relations and Hum Rights Symposium, 2003
Association of Massage Therapists and Wholistic Practitioners, Calgary, AB	-	The Heart of Healing, Conference Keynote. October 31,,2003
International Council of Psychologists	-	A Method to Address Racism Between Aboriginal and Nonaboriginal Canadians, Continuing Education Workshop, <b>Toronto 2003</b>
Council for Canadian Unity	-	'Addressing Racism,' Crossroads, Nov, 2002; Oct. 2000, Banff, AB
University Of Lethbridge, Dept. of Health Sciences, Addictions Counselling Program	-	Working with Trauma, and Addictions Recovery, Mar 2000, Apr. 2003
Women in Psychology, Calgary, Alberta	-	Self Healing and Global Healing. Linking individual lives, dreams and core values with global healing and the evolution of social consciousness Experiential lecture, November, 2001
Alberta Association of Rehabilitation Centers	-	Bringing Out the Best in Each Generation: from Boomers to Gen –X and Beyond, Edmonton, May 2000; Calgary, Mar. 2000
Mind Science Foundation, San Antonio, TX,	-	Betrayal, Trust & Forgiveness. Feb. 1999
Hospice Calgary—Hospice In Motion, Calgary, AAB	-	Keynote: <u>Dreams and Intuition</u> , June 1999
Mount Royal College Continuing Education & Extension	-	Working with Survivors of Abuse: Creating a Safe Environment, 1997, Calgary, AB
Jewish Family Services Board, Calgary, AB Esalen, Big Sur, CA	- -	Changes and Transitions, December, 1998  Journey From Betrayal To Trust, January 1997,

Fresh Start Addictions Center. Calgary, AB

Jewish Family Service, Calgary, AB;

Vancouver, BC

- Staff Training, November, 1996

- Where is Spirituality in the Therapy Hour? 2000, (Vancouver, BC)

- Impact of Separation and Divorce, 1997, 1999,

- Finishing Touches: Healing Ways to End Relationship, Mar, 1996

The Four Paths of Relationship April,1995
 Journey from Betrayal to Trust, Oct. 1994

Professional Staff Training, April, 1994

Mandana House Recovery Center, Oakland, CA - Ending Self-Betrayal, July, 1995 Oakland, CA

Bow River Correctional Center, Calgary, AB - The Journey from Betrayal to Trust, March, 1995 Calgary, Canada,

California Institute of Integral Studies, SF, CA - <u>Journey from Betrayal to Trust,</u> February, 1995

San Francisco, CA

Kansas University - Book reading and signing, March 1993 Lawrence, KS
First Hospital of Vallejo, CA - Journey from Betrayal to Trust, September, 1993

- <u>Journey from Betrayal to Trust,</u> September, 1993 Women's Series. Vallejo, CA

Eric Berne Institute. San Francisco, CA
 U.C. Berkeley
 Working Through Betrayal September, 1992; Nov, 1989
 Staff training: Intuition Training: Body as Metaphor April '89

Department of Psychology - Staff Training: Intuition Training & Symbolic Process Fall '88

Berkeley Recovery Center, Berkelely, CA

- Intuition & Recovery, Spring, 1988, Berkeley, CA

On the Both: Poychia & Spiritual Openings, Echange

Salt Lake City Center for Transpersonal Therapies - On the Path: Psychic & Spiritual Openings, February, 1987
Heber, Utah (Co-facilitator, Susan Stordhol, LCSW)

Marina Counseling Center, San Francisco, CA - <u>Transpersonal Psychology: Diagnostic Tools:</u> Winter, 1984

# **CONFERENCES & TRADE SHOWS**

#### Keynotes, Lectures, Workshop Sessions, & Panels

(partial listing)

Parapsychology Association / Le Institut Metephysique - FIAP, Jean Monnet, Paris, France, 2019

FIAP, Jean Monnet, Paris, France, 2019 Canadian Psychology Association, 2006 A Call for Clinical Parapsychology as an Applied Science Panel on Clinical Parapsychology

Guided Imagery: Effective Clinical and Counselling Applications of Transpersonal Therapeutic Methods, June 2006

- A Conversation on the Emergence of World Psychology, World Mental Health, and Cross - Cultural Spiritual Traditions, 2006

International and Cross-Cultural Psychology Symposium: Cross-Cultural Counselling Issues: Training Recovery Workers and Psychologists in Post-Tsunami Indonesia, June 2006

Transpersonal Psychology Interest Group, 1998, 1999

- Chair of Continuing Education Programs for the ICP (2005-2007)

Climate Change, Disasters & Mass Trauma: Preparedness,
 Prevention and Healing Symposium: The Disaster of Disaster
 Recovery: A Call for Creative Reconstruction in Honor of Deep Ecology and Global Healing

- Global Psychology: Spirit, Mind, and Body Conversation

- Forgiveness: Transforming Trauma into Healing

Peace International Relations and Human Rights Symposium:

A Year After the Tsunami: Trauma Recovery Trainings in

Banda Aceh, July, 2006

- Addressing Racism : A Training for International Psychologists

- Peace, International Relations and Human Rights Panelist,

- <u>Betrayal, Trust and Forgiveness:</u> Sacred Conversations

- Continuing Education Workshop in <u>Addressing Racism</u> between Aboriginal and Non -Aboriginal Groups,

Psychotherapy in the 21st Century: Blending Ancient Spiritual

International Council of Psychologists San Diego, 2007

Kos, Greece, 2006

Toronto, Canada, 2003

Manila, Philippines, 2002;

Toronto, ON 2003

Salem, MA, August , 1999 Padua, Italy, July 2000 Winchester, England, 2001

Psychologists' Asc. of AB & Nursing Asc. of AB Alberta Psych. Association

Canadian Guidance Counselling Asc. Massage Therapists & Wholistic Practitioners Asc. Of Alberta Whole Life Expo

Mind, Body, & Spirit Expo International Healing Conference

California Consortium for the Prevention of Child Abuse Conference Center For Applied Intuition Annual Conf

John F. Kennedy University Consciousness Conference Practice with Contemporary Psychology, Aug. 1999

- Rites of Passage: A New Look at an Ancient Method for Responding to Grief and Loss, Aug, 1999
- Transpersonal Psychotherapy: Increasing Our Use of Intuition and Spiritual Connection in Counselling (Pre-Conference Institute), 1999
- <u>Spirituality and the Helping Professions</u>; U of Calgary, Apr 2000
- Prejudice Reduction Workshop, Calgary, AB May,1999
- Body, Mind, Spirit: Trends in Transpersonal Psychotherapy, 1999
- Counselling in the 21st Century, May 1999
- Key Note: Healing Bodies, Healing Souls, April, 1999
- Whatever Happened to True Love? April, 1995; April, 1994; April 1993
   San Francisco, CA
- Four Paths of Relationship, July, 1995; January, 1994 Concord, CA
- From Betrayal to Trust, June, 1993
   Machu Picchu, Peru, Power Place Tours
- Building Trust After Betrayal, Plenary Speaker; June, 1992
   Trauma Recovery Professional Training Session Emeryville, CA
- <u>Psychotherapy in the 21st Century</u>, January, 1988 Cathedral Hill Hotel; San Francisco, CA
- Healing the Shadow: The Sociology of Change, Jan. 1983
- Archetypal Approaches to Symbolic Process Jan 1982

### **CLINICAL PARAPSYCHOLOOGY / CONSULTANT**

Office for Paranormal Investigation (OPI)

Loyd Auerbach, Director San Francisco, CA 1989-present

John F. Kennedy University

Graduate School of Consciousness Studies Department of Parapsychology Orinda, CA 1982-1987 Mary Kay Wright Maleahr, Associate Dean

Director, Psychic Hot Line™

Affiliated with JFKU programs 1982-1989 Affiliated with OPI 1989-present Contact Person: Loyd Auerbach, faculty JFK University; and Director, OPI

- Liaison and Consultant to OPI and /or Parapsychology Department's "Psychic Disturbance" calls and letters
- On-site clinical team member for the investigation and assistance of "poltergeist" phenomena
- Psychological management of psychic and spiritual experiences
- Clarification of & differentiation between psychological projection & genuine *psi* phenomena
- Education & demystification of myths re: psychic and intuitive phenomena
- An information and educational resource network
   (Not to be confused with later TV pseudo-versions)
- Created and established information-counseling-referral resource network
- Evaluated and assessed client needs and offered appropriate educational information to demystify psychic phenomena, plus referrals to local community resources and national and international parapsychological resources
- Wrote and prepared copy for ads
- Interviewed, evaluated, and assessed appropriate resources to be added to the network of parapsychological contacts for callers

### **Expert Intuitive**

1974-present

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- On-going investigation of 'intuitive sciences,' cross-cultural traditions & ancient symbol systems, intuition development as applied to personal growth & psycho-spiritual development
- Assist clients with intuition development; intuition tracking

- techniques; & customized programs for personal, psychic and spiritual development
- Use of mythology, palmistry, numerology, tarot, astrology, runes, I-ching, colors, dreams, ESP, past life regression, reincarnation and survival of consciousness as appropriate to client's questions & concerns

#### Field Investigator

Office for Paranormal Investigation (OPI)

Loyd Auerbach, Director

San Francisco, CA 1989-present

Psychical Research Foundation

Durham, NC 1974-1977

Supervisors: Bill Roll & Dr. Jerry Solfvin

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<u>Institute for Parapsychology F.R.N.M.</u> Durham, NC Dr. J. B. Rhine, Director;

Summer 1974

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- Acted as Expert Intuitive as part of investigative teams
- Psychic assessment of presenting issues, plus provided counseling, clinical treatment plans & intervention strategies
- Handling 'ghosts' & Psi disturbance cases
- Educating and counseling families who complain of experiencing poltergeist phenomena; phone interviews and home visits; investigation, case write-ups & reports
   Referral to appropriate community resources
- Lab Research Assistant: E.S.P. & P.K. studies

## **MEDIA APPEARANCES (PARTIAL LISTING)**

Dr. Beth Hedva has appeared as a guest expert to discuss various topics in psychology including: self-help psychology; inter-racial and cross-cultural relationships; intuition development; dreams; transpersonal psychology; parapsychology; & psychic realities. (*Partial Listing*)

# National and International Television Appearances

Big Breakfast / Breakfast Television, Calgary

Canada AM

Vicki Gaberau Show Ben Mergui Live

Forces Beyond

Sally Jessy Raphael Show

Sightings

- Guest Expert, Haiti Recovery, CityTV, Jun 2010

- Guest Expert, CFCN February 2002

Guest Expert, CTV, November 2001

- Guest Expert, CBC Newsworld, 1997

 Western International Communications (WIC) broadcast
 Syndicated throughout Canada, Europe; in the United States on <u>TLC: The Learning Channel</u> "Those Mysterious Forces" Oct. 1994

- National Broadcasting Corporation (NBC). Betrayal and trust

in inter-racial relationships. Jan. 1993

- Fox Network (FOX), Interview and demonstration

Mar. 1992

# Local Network Affiliates And Cable Television Appearances

Big Breakfast

The Morning Show

On-Line with host Pamela Barrett

Coro Daniels Show Inner Quest Points of Interest

Personal Pathways

Wide Angle

A.M. San Francisco

- Guest Expert, November 2001; A-Channel

Guest Expert, Oct, 2002, Global TV

CFRN TV (CTV Canadian Television Network) Channel 5,
Book interview with live phone-in. Edmonton, Alberta Oct. 1994
Rogers Community Cable, Cable 10; Calgary, Alberta Feb. 1994.

TCI Cable, Channel 3, Oct, 1993, Book Interview. Alameda, CA

Peralta Community College Television, (PCTV)

Channel 59, Feb. 1993.

- United Artists, Cable TV, Nov. 1992. Live 'phone-in.'

Alameda, CA,

- <u>United Artists</u>, Cable TV, Channel 6, Dec. 1989 Fremont, CA,

KGO TV (ABC Network) Oct. 1985, Interview format, live

audience. San Francisco, CA.

- KRON TV (NBC Network) Apr. 1985, Interview format.

San Francisco, CA

TGI 4

**Televents** 

- <u>Community Access</u> Cable TV, Channel 12, Nov. 1985. Interview format, plus demonstration. Richmond, CA,

#### <u>Radio</u>

"Warren on the Weekend" with Peter Warren

KRQR Talk Radio with Dave Taylor

KRQR Talk Radio with Dave Taylor; Dave Arnold

**KVON** Double Talk

CBC Home Stretch with Margie Taylor.

WNIC with Dave Lockhart.
KSOL North Bay Today:
WSPO Wake-Up to the World

KALW Information Radio with Karolyn Van Puttin

KSON Information Source KSTK Dr. Carla Perez

KESZ Day Break with Brad Hannah

KBOL Boulder Today KNUS Jan Scott Show

PRN Peoples' Radio Network. Paul Gonzalez Show

WSBE/WSBR/ Mid Day Magazine
KEST AM Radio Alice Forester Show
KCRK New Ideas Commentary FM Radio
KCBS Infinity, AM/FM Radio

- Interview & phone on Infidelity, Vancouver, Jan 2004

- Healing from 9/11 Live-Phone In, Sep 01; Sep 02, Calgary, AB,

- Dreams; Mar 1999; Ghosts, Oct 2000; Separation & Divorce, Jan 03

Live-Phone In, Jan 1993; Napa, CA, Interview April 1995

- Interview. Calgary, Alberta, Canada. Oct. 1994.

- Book Interview. Detroit, MI. 6/94.

- Interview--Community Affairs. San Francisco, CA. May 1994

- News Magazine Format. Steven's Point, Wl. May 1994.

- Book Review, San Francisco, CA. April 1994.

- Book Review, San Diego, CA. April 1994.

- Phone-In, Sacramento, CA. April 1994.

- Interview Format, 3/94; Book Interview, Sept. 1993.

- Community Affairs, Boulder, CO, Aug. 1993.

- Book Review, Lakewood, CO, Aug. 1993.

Phone-In; White Springs, FL, July 1993.

Book Interview, Bradford, PA. Feb 1993.

- Interview Format, San Francisco, CA, Feb 1993.

- Interview/Book Review, Walnut Creek CA, Aug. 1991.

- Interview Format. Feb. 1983.